

Assalamu Alaykom,

My name is _____ and I will be the coach for this years MYSL _____ team. I wanted to introduce myself and give you some information regarding the league and the team. Our games will be played on the fields behind Stephen Lewis High school located on Thomas just West of Tenth line (3675 Thomas Street Mississauga, ON L5M 7E6). Our games will be played each Sunday at _____ pm sharp. The games could be on different fields each week. There are 7 different fields so please check the schedule to make sure you are at the right field. All team members must be at the field by _____ pm. During this time we will do some practice drills and get the kids pumped up for the game.

All players are to wear the team uniform which will be distributed a few days before the first game. The first game will be Sunday May 20th ISA. I will send an e-mail to confirm a meeting time to pick up the uniforms..

A few things to remember about the games:

- The MYSL is a league that promotes Muslims and non-Muslims alike playing together for physical activity and most of all fun. This is the main goal of the league and the team. FUN! All players will play equal playing time. We are going to work primarily on _____ but our main objective is that the kids have fun, meet other children and feel good about themselves every week.
- All players must wear a uniform on game days
- Absolutely no jewellery can be worn (including earrings and hijab pins)
- If your child wears a hijab please have them wear one that does not require any pins (two piece hijab)
- If your child does not wear a hijab please have them tie their hair back during the game for safety.
- All players MUST wear shin pads/guards. This is a non-negotiable rule so please make sure each child has a pair.
- Please have your child wear cleats as they are much safer than running shoes. Cleats and shin guards can be purchased at Walmart, Canadian Tire or Sport Check.
- The league is advising players to wear mouth guards but I will leave that up to your discretion
- Please have your child bring a bottle of water to each game as they will need to be re-hydrated and no water is provided by the league.
- On sunny days please have your child wear a high SPF waterproof sunblock

If your child has any allergies or medical conditions please let me know ASAP. We want to have a safe and fun summer and this information is very important.

A list for snack duty is attached along with the field set-up. If the snack day assigned to you is inconvenient please let me know ASAP so I can make the necessary changes. Snack are VERY IMPORTANT to the girls so please do not, miss your snack day. If something comes up last minute please contact me so that I can make the necessary arrangements. Snacks should be healthy and provide hydration for the kids. Watermelon, freezes, fruits are good choices. Water and power aid are great for drinks. Please avoid heavy foods or complete meals, as well as sugary drinks. These will only dehydrate the children.

Each week a parent will be responsible for drinks, snacks and a garbage bag for waste. This year one of our main objectives is to really leave the fields clean. As Muslims it is our duty to represent ourselves well; and leaving behind a filthy field is not acceptable. Please make sure you have enough snacks for the entire team as we don't want any of the kids missing out.

If your child will be missing any games for any reason **please let me know** so I can make changes to the line-up. This also helps in knowing how many players we will have each week and whether or not we will have enough to play the game.

As many of you know teams do well if there is more than one coach. If there is anyone interested in being an assistant coach (full or part time) please let me know. I am looking for family members or friends who are over the age of 16 who wants to have a good time. Whether you know how to play soccer or not. It doesn't matter. I need a couple of volunteers who have a great attitude and want to have fun with their kids!

I know this is a lot of information and I appreciate your time and efforts in making this year a great summer for your girls and your family.

Please feel free to get in touch with me at any time.

I look forward to meeting you all soon ISA.

NAME

home number

cell number